Summary of Benefits and Coverage: What this Plan Covers & What You Pay for Covered Services

Coverage for: Individual Plan | Plan Type: PPO

The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit ironroadhealthcare.com or call 800-547-0421. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 0	See the Common Medical Events chart below for your costs for services this <u>plan</u> covers.
Are there services covered before you meet your deductible?	Not Applicable	You don't have to meet <u>deductibles</u> for covered services
Are there other deductibles for specific services?	No	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	\$9,100, However, only coverage for in-network Essential Health Benefits counts towards meeting the out-of-pocket limit	The <u>out-of-pocket limit</u> is the most you could pay in a year for in-network services for covered Essential Health Benefits (EHB) services. (EHB are those benefits defined as such by the Affordable Care Act). Once the <u>out-of-pocket limit</u> is met, covered in-network EHBs are paid 100%.
What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance-billed charges, preventive services, healthcare this plan doesn't cover, penalties for failure to obtain required preauthorization, out-of-network services, Non-Essential Benefits.	Even though you pay these expenses <u>out-of-pocket</u> , they don't count toward the Plan <u>out-of-pocket limit</u> . Benefit are not EHBs include such benefits as those for Bariatric Surgery, Hearing aids, Lasik Surgery, and Male Sterilization. Whether or not you have reached the <u>out-of-pocket</u> limit for EHBs, coverage for Non-EHBs remains the same and may include copayments and coinsurance.
Will you pay less if you use a <u>network provider</u> ?	Yes. Visit <u>ironroadhealthcare.com</u> or call 800-547-0421 for a list of <u>network providers.</u>	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the plans <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (balance billing). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a referral to see a specialist?	No	You can see the specialist you choose without a referral.

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^{*}For more information about limitations and exceptions, see the plan or policy document at ironroadhealthcare.com

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All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Primary care visit to treat an injury or illness	\$30 visit	\$30 visit 60% coinsurance	None	
If you visit a health	Specialist visit	\$45 visit	\$45 visit 60% coinsurance	None	
care <u>provider's</u> office or clinic	Preventive care/screening/immunization	No charge	60% coinsurance	You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.	
	Diagnostic test (x-ray, blood work)	No charge	60% coinsurance	None	
If you have a test	Sleep Study	100%	60%	Pre-Certification required 1-833-878-2727.	
	Imaging (CT/PET scans, MRIs)	\$150 visit	\$150 visit 60% coinsurance	Pre-Certification required through Telligen 877-654-1375	
If you need drugs to treat your illness or condition	Generic drugs	Retail preferred \$15 or \$20 for 30-day supply. Mail order preferred \$3 or \$10 for 30-day supply	Retail preferred \$15 or \$20 for 30-day supply. Mail order preferred \$3 or \$10 for 30-day supply	Covers up to a 30-day supply (retail); 31-90-day supply (mail order pharmacy)	
More information about prescription drug coverage is available at	Preferred brand drugs	\$40 visit retail \$20 visit mail order	\$40 visit retail \$20 visit mail order	Covers up to a 30-day supply (retail); 31-90-day supply (mail order pharmacy)	
ironroadhealthcare.com	Non-preferred brand drugs	\$100 visit retail \$75 visit mail order	\$100 visit retail \$75 visit mail order	Covers up to a 30-day supply (retail) 31-90-day supply (mail order)	
	Specialty drugs	Variable	Variable	Must use OptumRx Specialty Pharmacy 800-850-9122 to be covered.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	\$150 visit	\$150 visit 60% coinsurance	None	
surgery	Physician/surgeon fees	No charge	60% Coinsurance	None	
If you need immediate medical attention	Emergency room care	\$175 visit	\$175 visit, first 24hours pays 100% allowed amount, 60% coinsurance	If admitted inpatient, ER copay is waived. Pre-cert required 866-776-4793. Services outside the United States is not covered.	

^{*} For more information about limitations and exceptions, see the plan or policy document at ironroadhealthcare.com

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
	Emergency medical transportation	No charge	No charge	Services outside the United States is not covered.	
	Urgent care	\$30-visit	\$30 visit	Services outside the United States is not covered.	
If you have a hospital	Facility fee (e.g., hospital room)	\$250 visit	\$250 visit & 60% coinsurance	Pre-cert required if not a 60% reduction applies 866-776-4793	
stay	Physician/surgeon fees	No charge	60% coinsurance	None	
If you need mental health, behavioral health, or substance	Outpatient services	\$30 visit \$45 for specialty psychiatrist office visit	\$30/\$45 visit 60% coinsurance	IOP (intensive out-patient therapy) Precertification required if not a 60% reduction applies 866-776-4793	
abuse services	Inpatient services	\$250 visit	\$250 visit & 60% coinsurance	Pre-certification required if not a 60% reduction applies 866-776-4793	
	Office visits	No charge	60% coinsurance	None	
If you are pregnant	Childbirth/delivery professional services	No charge	60% coinsurance	None	
If you are pregnant	Childbirth/delivery facility services	\$250 visit	\$250 visit & 60% coinsurance	Pre-certification required, only if beyond days allowed by law 866-776-4793.	
	Home health care	No charge	60% coinsurance	Pre-certification required 800-547-0421 a 60% reduction will apply	
If you need help recovering or have	Rehabilitation services	No charge for PTT & OT. A Chiropractic visit has a \$30 copay	60% coinsurance No charge for PTT & OT. A Chiropractic visit has a \$30 copay	Combined annual maximum of 30 visits for Physical Therapy, Chiropractic and Occupational therapy.	
other special health	Habilitation services	No charge	60% coinsurance	Limited	
needs	Skilled nursing care	No charge	60% coinsurance	Pre-certification required 800-547-0421 a 60% reduction will apply	
	Durable medical equipment	No charge	60% coinsurance	Limited	
	Hospice services	No charge	60% coinsurance	Pre-certification required 800-547-0421 a 60% reduction will apply	
If your child needs	Children's eye exam	Not covered	Not covered		
dental or eye care	Children's glasses	Not covered	Not covered		

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Common			What You Will Pay		Limitations, Exceptions, & Other Important
	Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
		Children's dental check-up	Not covered	Not covered	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)			
Infertility treatment	 Long term care 	 Services outside the U.S. 	
Cosmetic Surgery	 Dental Care 	 Dependents are not covered 	
Private-duty nursing	 Weight loss medication 	 Acupuncture 	

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Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)				
Bariatric	Hearing aids	Physical therapy		
Chiropractic care	 Sterilization 	 Occupational therapy 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: [insert State, HHS, DOL, and/or other applicable agency contact information]. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: [insert applicable contact information from instructions].

Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number].]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number].]

[Chinese (中文): 如果需要中文的帮助,请拨打这个号码 [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

To see examples of how this plan might cover costs for a sample medical situation, see the next section.

^{*} For more information about limitations and exceptions, see the plan or policy document at ironroadhealthcare.com

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$0
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	\$250
Other [cost sharing]	0%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost

The total Peg would pay is

In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$0
Copayments	\$295
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$0
■ Specialist [cost sharing]	\$45
■ Hospital (facility) [cost sharing]	\$250
Other [cost sharing]	\$0

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

Total Example Cost

\$12,800

\$295

Durable medical equipment (glucose meter)

In this example, Joe would pay:			
Cost Sharing			
Deductibles	\$0		
Copayments	\$295		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Joe would pay is	\$295		

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$0
■ Specialist [cost sharing]	\$45
■ Hospital (Emergency facility)	\$175
Other [cost sharing]	\$0

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Example Cost

\$7,400

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

In this example, Mia would pay:			
Cost Sharing			
Deductibles	\$0		
Copayments	\$220		
Coinsurance	\$0		
What isn't covered			
Limits or exclusions	\$0		
The total Mia would pay is	\$220		

\$20,000